

GROWTH MINDSET COACHING

22 - 23 AUGUST 2024

DEADLINE TO REGISTER25 July 2024

OVERVIEW

"If you change the way you look at things, the things you look at change." Wayne Dyer

Having the right mindset is very important in helping us succeed in our life. In the journey of achieving success, self-awareness and self-analysis can significantly help us to understand why we do what we do and what we can change in ourselves to get more energy, respond better to others and efficiently interact with them and understand them.

This programme uses a variety of examples, case studies, example conversations and techniques to master a few competencies of success. Delegates explore topics such as, behaviour cycle, positive versus negative thinking, handling fear, motivation, power phrases and so on.

The programme contains numerous exercises that are designed to raise delegate's awareness and help them think about critical behaviours. The aim is to change the point of view of those who might have habitually used certain behaviours without realising the full effect of them when used on others. Awareness raising discussions and interactive exercises help delegates to significantly change their behaviour using simple yet powerful techniques.

OBJECTIVES

- Understand how your inner thoughts and belief system affect your mindset.
- Understand what growth mindset vs fixed mindset is.
- Understand how a growth mindset can improve your work and personal development.
- Heighten your self-awareness.
- Manage yourself better and increase motivation.
- Learn ways to show empathy to build a better relationship with colleagues.
- Learn to be more accountable towards your behaviour and performance at work.

WHO IS THIS PROGRAMME FOR?

- Clerks
- Managers
- Supervisors

- Executives
- Middle Officers

METHODOLOGY

• Face-to-face



PROGRAMME DETAILS

DATE	TIME
22 - 23 August 2024	8:30 am - 12:00 pm 1:30 pm - 5:00 pm

PROGRAMME OUTLINE

MODULES			
Module 1: Personal Excellence	 Define personal excellence Mindset Personal effectiveness Emotional intelligence Self-Awareness & Self-Analysis Self-Management Self-Motivation 		
Module 2: Working with Others	 Empathy Social Awareness		
Module 3: Accountability			



PROGRAMME LEADER

CHONG WAN CHING

Chong Wan Ching began her career in a manufacturing company where she successfully developed, implemented and obtained several products and quality management system certifications, including the internationally recognised ISO 9002. Since then, she moved on to various international and local financial instituitions in areas, of insurance, investment, banking, sales, sales management and training.

Wan Ching believes in continuous self-development and has obtained various certifications. She is a Certified Financial Planner registered with the Financial Planning Association of Singapore. She is also a Accredited Training Professional, Certified NLP Master Practitioner, Certified Coach Practitioner, and Six Seconds EQ Certified Practitioner. Wan Ching has a wealth of experience in providing training specialising in the areas of insurance, investment, financial planning customer service, sales, sales coaching and management, presentation, leadership and many other soft skills. Her workshops are known to be highly interactive, mind-set changing and experiential.

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To apply for the programme, please email your completed form to askSEED@bilif.com.bn by 25 July 2024

CATEGORIES	STAKEHOLDERS	NON-STAKEHOLDERS
FEE	\$ 800.00	\$ 900.00

gning this form, you hereby ag	ree to the terms and	d conditions below:
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Terms and conditions:

Cancellation Policy:

- All cancellation must be submitted to BILIF in writing either by letter or email.
- Any cancellation received 30 days or more prior to the training date will incur a cancellation fee of 10% of the programme fee.
- Cancellation received 8 14 days to the training date will incur a cancellation fee of 50% of the programme fee.
- Cancellation of registrations received 7 days or less from the date of training or if the delegate fails to attend the training, he/she will be considered as 'no show' and is subjected to 100% of the programme fee.
- BILIF welcomes and accepts replacement of participants up until a day before the training commences.

Other terms:

- Participants must complete all scheduled sessions and activities for them to receive the certificate of attendance/completion.
- Payment must be made upon receipt of invoice issued by BILIF.
- BILIF reserves the right to amend, change or cancel the programme at any given time. We will immediately notify participants and organisations if any such changes are to be made.

ABOUT BRUNEI INSTITUTE OF LEADERSHIP AND ISLAMIC FINANCE

Brunei Institute of Leadership & Islamic Finance (BILIF) was established in 2010 as the Centre of Excellence for the finance industry in Brunei Darussalam, providing high-quality learning solutions, including signature and collaborative events for human capacity development in the areas of Islamic finance and leadership.

Under the purview of Brunei Darussalam Central Bank (BDCB), BILIF plays a fundamental role in Pillar 5 of Brunei Darussalam Financial Sector Blueprint 2016-2025 in raising financial industry standards, especially in the areas of Islamic finance.

All of our programmes are accredited by Brunei Darussalam National Accreditation Council as Value Added Qualifications. Since its inception, BILIF has conducted 809 programmes and 83 events for more than 16,900 participants, including a suite of Virtual Instructor-Led Training (VILT) programmes and online events (as of December 2023).

BILIF has forged strategic partnerships with local and international organisations over the past 10 years which have allowed us to bring professional programmes, expertise and opportunities to shape future leaders, experts and innovators, particularly in the areas of Islamic finance and leadership. Amongst these strategic partners include The London Institute of Banking & Finance (LIBF), United Kingdom; the Accounting and Auditing Organization for Islamic Financial Institutions (AAOIFI) and Bahrain Institute of Banking and Finance (BIBF), Bahrain; Islamic Development Bank Institute (IsDBI), Kingdom Saudi Arabia, Singapore

Management University (SMU), Singapore and INCEIF University, Malaysia. Locally, BILIF has also partnered with two of the top higher education institutions in Brunei Darussalam; Universiti Brunei Darussalam (UBD) and Universiti Sultan Sharif Ali (UNISSA) in our joint efforts to impart invaluable knowledge and skills for students and professionals in not only finance but also other private and government sectors.

Appointed by BDCB, BILIF is the official licensing examination centre for Financial Planning Practitioners' Programme (FPPP) and the Qualifying Examination for Insurance/Takaful Agents (QEFITA). BILIF is also the official examination centre for all examinations under Chartered Institute for Securities & Investment (CISI), UK; Chartered Bankers Institute (CBI), UK; International Compliance Association (ICA) and AAOIFI. BILIF has also recently been accepted as a Pearson Vue Authorised Test Centre which can house more than hundreds of examinations such as Certificate in Climate Risk, Certified Internal Auditor® (CIA®) and Certified Associate in Project Management (CAPM), amongst others.

BILIF has received multiple accolades including the "Best Emerging Islamic Finance Training Institution – Brunei 2021" from the International Finance Awards 2022; "Best Islamic Finance Education & Training Brunei 2021" from the Global Banking & Finance Awards® and "Global Good Governance (3G) Human Resource Development Award 2022" received at the 7th Annual 3G Awards Ceremony. BILIF was also awarded its third "GIFA Excellence Award (Islamic Finance Training & Education) 2022, which has been previously received in 2019 and 2021.

83

809

Events

Programmes and Examinations

16,900+

Participants

INTERNATIONAL AWARD WINNING INSTITUTE

















